

Join Anza Electric Cooperative as We Support the **American Heart Association**

Many of us know someone who has some form of heart or cardiovascular disease. It is the leading cause of death, not only in the U.S., but worldwide.

On Saturday, April 13, Anza Electric employees will join thousands of others around the country in the effort to stop this killer by participating in the American Heart Association's 'Heart Walk'. This fundraising event helps AHA finance educational outreach and research aimed at finding effective treatments to lower the incidence of premature disability and death from heart-related illness.

One of every three deaths in the U.S. in 2013 was from heart disease, stroke and other cardiovascular diseases. Heart Disease and stroke were the No. 1 and No. 2 killers worldwide, according to AHA's 2016 Heart Disease and Stroke Statistics Update.

In the United States, the data showed:

- Cardiovascular diseases claimed 801,000 lives.
- Heart disease killed more than 370,000 people.
- Stroke killed nearly 140,000 people.
- About 116,000 of the 750,000 people in the U.S. who had a heart attack died.
- About 795,000 people had a stroke-the leading preventable cause of disability.
- Among African-American adults, 48 percent of women and 46 percent of men have some form of cardiovascular disease. African-Americans have nearly twice the risk for first-ever stroke than Caucasians.

We invite our members to join us at the walk and to consider donating through our Team Anza website. All walkers get a free Team Anza T-shirt. A link to the site is located on www.anzaelectric.org.

Help combat these deadly diseases by donating or walking with us.

Anza Electric Cooperative, Inc.

A Touchstone Energy Cooperative





Wildfire Mitigation and System Resiliency

Anza Electric Cooperative, Inc. (AEC) exists to provide safe, affordable, and reliable utility service. The cooperative takes the safety of staff and our membership seriously. The Cooperative has developed a Wildfire Mitigation Plan in compliance with State law, to identify potential risks within our system, establish wildfire prevention methods, and to ensure the safety of staff and our membership.

A series of 29 wildfires ignited across Southern California in December 2017. More recently the Cranston fire, which ignited on July 25, 2018, directly impacted AEC and our members. We experienced a 10-day system-wide power outage as a result of the loss of our transmission lines due to fire damage. AEC has a company-wide focus on addressing and minimizing wildfire-related risks to the health, safety, and welfare of our membership.

AEC is committed to fire prevention, safety, mitigation, control, and recovery and has taken a leadership role in addressing the threat of fire ignited with utility assets and facilities within our service territory. To enhance the capabilities of our membership and local communities defense against a wildfire event, the Cooperative will share personnel, resources, and information to effectively communicate all relative material.



www.calfire.ca.gov



www.rivcoready.org



www.readyforwildfire.org

Be prepared for wildfires

- Take care of your defensible space around your property
- Make sure your animals have plenty of water in case of a power outage.
- Review your emergency evacuation check list
- Make sure you have an emergency supply kit in your vehicle
- Make sure to keep AEC informed of any changes in your contact information and if you have a family member who is on life support
- For more information on fire prevention, safety and preparedness, please visit the following websites:

[-www.calfire.ca.gov](http://www.calfire.ca.gov)

[-www.readyforwildfire.org](http://www.readyforwildfire.org)

[-www.rivcoready.org](http://www.rivcoready.org)



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